



SAHEED ANURUP CHANDRA MAHAVIDYALAYA

A DEGREE COLLEGE OF ARTS & COMMERCE

Affiliated to the University of Calcutta
Recognized by the University Grants Commission



STUDENTS' WEEK OBSERVATION
SAHEED ANURUP CHANDRA MAHAVIDYALAYA

Webinar on
MENTAL HEALTH AND PHYSICAL WELLBEING OF STUDENTS IN
THE POST COVID ERA

Date: 06.01.2022

Time: 12:30 pm (IST)

Introductory Note: Dr. Srabanti Bhattacharya, Principal, Saheed Anurup Chandra Mahavidyalaya.

Speaker: Kaushiki Sengupta, Counselling Psychologist, Anubhav Positive Psychology Clinic, Kolkata.

Topic: Mental well-being of students in post covid era.

Speaker: Dr. Sariful Islam, Faculty Member, Department of Physical Education, Saheed Anurup Chandra Mahavidyalaya.

Topic: Human well-being of students in post covid era.

Vote of thanks: Mr. Pallab Saha Biswas, Librarian, Saheed Anurup Chandra Mahavidyalaya.

Conductor: Mr. Partha Pratim Roy, Faculty Member, Department of Bengali, Saheed Anurup Chandra Mahavidyalaya.

Webinar Link:

<https://us02web.zoom.us/j/9903988570?pwd=MGQyU2w0anpMeGJQRzhWWWkvVjRKQT09>

Protocol to be followed:

Join in the ZOOM to 10 minutes early at 12:20 pm.

You can enter question on Live Chat option.

Prof. Debashis Bera

Organizer

Saheed Anurup Chandra Mahavidyalaya

Dr. Srabanti Bhattacharyya

Principal

Saheed Anurup Chandra Mahavidyalaya

Other Associates: Dr. Ishani Basu, Ruma Sengupta, Nabin Murmu.